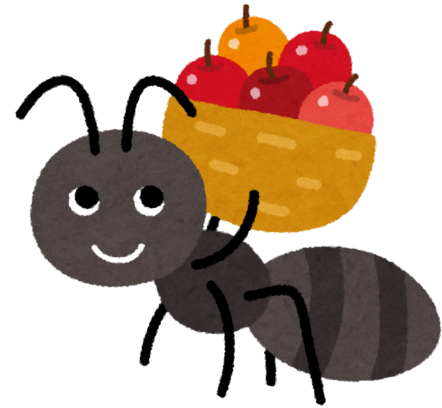


Filling Every Basket



God's love, hunger and
how we can help



Food, Mission and Serving An Intergenerational Resource

1. Choose a country – Which continent will you choose?
Will you choose a large country or a small country?
Does this country have a connection to you?

2. Choose a food or meal that is commonly eaten in that country – What looks delicious to you? What looks so different you just have to try it?

3. Find a recipe for that meal (or a restaurant that serves that food) – Where will you buy those ingredients? How long will it take to cook?



4. Cook all together! – Share the experience with age-appropriate tasks to ensure everyone is included in the kitchen fun!

5. Enjoy the meal! – What did you like best? What wasn't your favourite? Who else do you think might like this meal?

6. Dig in further! – What is it like to live in that country? Is it crowded with cities or is it mostly rural? What is the land like? What are some struggles in that country? What are some unique things about that country?



7. Wonder and pray – I wonder what God is doing in that country? Pray for the people and the land of that country.

8. How can I help? – Is there a way that I can help? Are there organisations that are working there that I could support? Is there a way I can alter my life here to benefit others in the country you are learning about?



Looking for more ideas for discussing mission and serving with kids?
Check out what our partners at CBM offer in their Kids Care Kits.