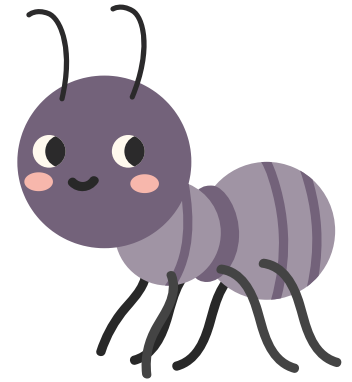


Filling Every Basket



God's love, hunger and
how we can help



What Is Food Insecurity? God Cares About Our Needs

Let's get started...

- How does your body feel when you are hungry? How does your mind feel?
- I wonder when was the hungriest you've ever been?
- How would you feel if you didn't know when you'd eat your next meal?
- Why do you think food is important for our bodies?
- What is your favourite meal?

Our Big Idea:
Food insecurity means some people don't always have enough healthy food. God cares about everyone's needs—including food.

If you were to guess how many Canadian families out of four experience food insecurity?

1 out of 4 Canadian families experience food insecurity.



That's a lot!

I Wonder...

Why do some people have lots of food and others don't?
Why is it hard for some families to get healthy food?



God loves each person so much, that he sees who is hungry. He cares that they don't have enough to eat.

- I Wonder... what do you think God feels when he sees someone who hasn't had enough to eat?
- What do you feel when you see someone hasn't had enough to eat?
- Can you name some people or agencies that help feed the hungry?
- What is God asking you to do for the hungry?
- Work with your family to come up with 5 ideas of what you can do to help the hungry people in your area.
- Which idea will you do this week?



What does God say?

It says in Isaiah 58:10:
**You should feed those who are hungry.
You should take care of the needs of those who are troubled.
Then your light will shine in the darkness.
And you will be bright like sunshine at noon.**

Prayer prompts:

God, thank you for caring about our needs...

God, what might you have me learn about hunger in my community? In the world?

God, what are you asking me to do to address this problem?

