

FROM THE CREATORS OF WAR ROOM

OVERCOMER

IN THEATERS AUGUST 23

OVERCOMERMOVIE.COM

"WHEN YOU FIND YOUR IDENTITY
IN THE ONE WHO CREATED YOU, IT WILL
CHANGE YOUR WHOLE PERSPECTIVE."

—Thomas Hill, OVERCOMER

YOUR CHILD'S TRUE IDENTITY

Many students are facing an identity crisis. The upcoming movie, **OVERCOMER**, points students to the truth of who they are in Christ. Research shows children with a healthy sense of identity perform better in school and are at a lower risk to suffer from depression and engage in risky behaviors.

THE PROBLEM



Society clouds the truth of our identity in Christ with false messages. As students struggle to discover who they are, the culture tells them to find their identities in what they can do, how much they have, what they can accomplish or how popular they are.



Is your child's worth wrapped up in making the team, earning good grades or landing the best role in a play? Those are all great goals. But if they fail to achieve their aspirations, they may feel worthless.



Media sends the message that the right clothes and a cool hairstyle define a person. Boys need to be buff. Girls must be on trend with their makeup. If they can't dress and look a certain way, they may feel like a nobody.



One of the most dangerous false messages tells students: *You are what others think you are.* Many teens live through technology. While providing connection to friends and family, it also opens up the potential of cyberbullying. When online identities become "true" selves, negative comments can be devastating.



Elementary school students find their worth in having a best friend. As a parent, plan sleepovers or fun activities to help your children nurture relationships. Remind them that Jesus will always be their ultimate best friend.



In middle school, students often try out new clothes, new behaviors and new activities to discover their identity. Show your children that you care by going shopping with them, pointing out talents that you see and guiding them toward positive activities.



With the rise of social media, high schoolers often determine their worth based on how many likes a post gets or what kind of comments a photo receives. Ask for access to your teens' social media accounts. Follow what goes on and ask questions when you see issues arise.

THE TRUTH

The Bible says we are the precious pinnacle of God's creation. Our identity comes from our Creator, not from what we accomplish, what we look like or what other people think about us. God made each person in His image. As image bearers, we were created to live in a relationship with Christ and to bring Him glory.

In **OVERCOMER**, high-school student Hannah Scott finds herself struggling with who she *really* is. When Hannah accepts the challenge to read Ephesians 1-2, she discovers who she is in Christ:


Blessed	Redeemed
Chosen	Forgiven
Adopted	Loved
Saved	God's Child


Your child will put something or someone first in his or her heart. To live with peace, purpose and prosperity, that person must be Jesus Christ.

THE SOLUTION

As parents, take every opportunity to point your kids to Christ as the source of their identity. Encourage them to live for an audience of One—not their friends or social media status.

A+ If your children are performance driven, emphasize that you love them for the people Christ created them to be—inquisitive, hard working, self-motivated. No matter their grades or accomplishments it doesn't change who they are or how much you love them.

 If your children are appearance driven, point out that you—and God—look at the heart (1 Samuel 16:7). Looks and style change. A kind and gentle heart focused on God creates beauty and an attractive identity that lasts.

 If your children are peer driven, encourage them to find like-minded Christian friends who inspire them to follow God. Remind them that God's opinion of them never changes. He loves, treasures, forgives and offers them peace and acceptance.



The movie **OVERCOMER** will leave you asking:

WHAT DO YOU ALLOW TO DEFINE YOU?

Filled with a powerful mix of faith, humor and heart, **OVERCOMER** is the newest feature film from the Kendrick Brothers.

OVERCOMER is a family movie that can create life-changing conversations with your kids. [See it together on August 23.](#)

Go to OvercomerMovie.com to find a theater, buy tickets and discover identity-building books and Bible studies.

FROM THE CREATORS OF **WAR ROOM**
OVERCOMER
IN THEATERS AUGUST 23

Parent primer written by Jesse Florea, editorial director for Focus on the Family's *Clubhouse*® and *Clubhouse Jr.*® magazines. He has written for parents and children at Focus on the Family for more than 25 years.